

*Have a Wonderful
Spring Break*



See you back on
March 30!





MONDAY

March 30, 2026

**Heritage Woods
Secondary**

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



CHECKING YOUR
SCHOOL EMAIL
EVERYDAY

Ensures YOU don't miss

IMPORTANT
INFORMATION!



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.



Thank you for your cooperation!



**Please be respectful
and refrain from
parking in the
handicap spots
located at the back
of the school.
Unauthorized
vehicles may be
towed at the owner's
expense.**



“Heritage Moments” in Our History

March 7, 1872:

- The North-West Mounted Police (now the R.C.M.P.) was established.



March 10, 1876:

- Alexander Bell made the first successful telephone call.



March 9, 1962:

- The Trans-Canada Highway officially opened.



March 21, 1821:

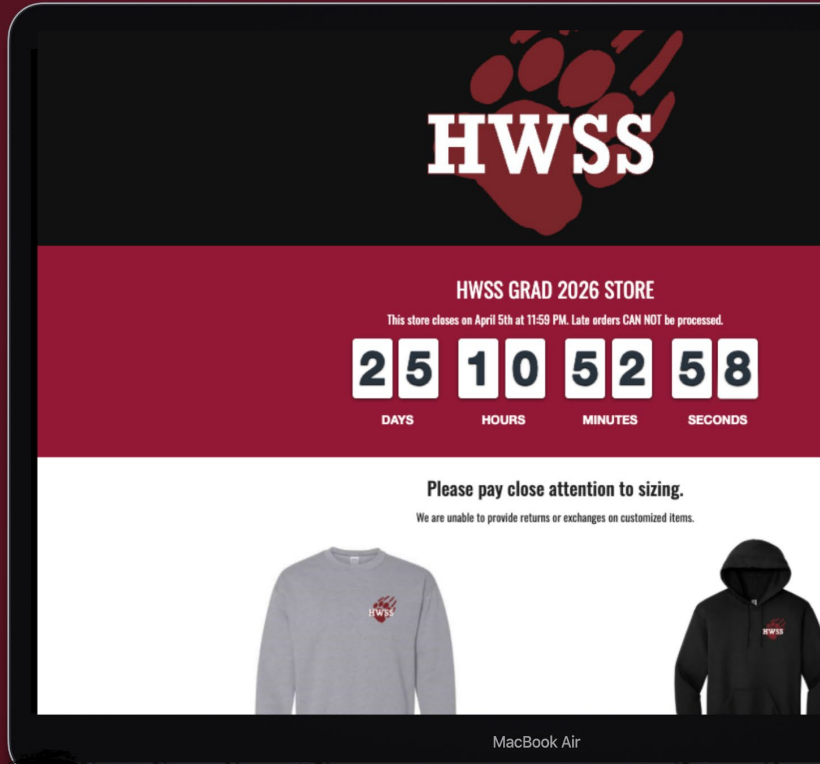
- The Hudson's Bay Company and North-West Company merged, ending years of rivalry.



Order by Apr. 5

HWSS Grad 2026

store.passionsports.ca/hwssgrad2026



SCAN THIS QR CODE FOR THE LINK





ATTENTION
Science Coop 2027
Applicants

**Interview Times are now
Posted outside 315!**

**They will begin after
SPRING BREAK**

CAREER CENTER



BCIT Pathway to Success Awards

- SD43 has 3 awards of \$3,000 each available.
- BCIT Pathway to Success Awards are for students planning to enter a full-time first year technology, technical studies or trade program (excluding Apprenticeship) directly from high school. The intent of these awards is to recognize students who are well-rounded citizens, who have displayed leadership qualities, and have demonstrated that they are willing to work hard to achieve their goals. Commitment and drive are as important as formal academic standing
- **Applications are due to Ms. Butler by April 02, 2026 12:30pm**
- Visit my website to find out all details and application <https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>

The logo for BCIT (British Columbia Institute of Technology) is displayed in white, bold, sans-serif capital letters on a dark blue rectangular background.



**OCCUPATIONAL FIRST AID
LEVEL 1 COURSE**

SAVE THE DATE
FRIDAY MAY 22, 2026
8:30AM - 4:30PM
LUNCH IS PROVIDED!

OFA Level 1 (Occupational First Aid) is a one-day, WorkSafeBC-recognized course focusing on basic, essential life-saving skills for low-risk workplaces. Participants who successfully complete the course will receive a 3 year certification.

Applications on Career centre website under Opportunities. Do not wait to submit your application as spots will fill up!
 Deadline to apply May 06, 2026

TRAINING INCLUDES:

- ✓ Assess scene safety
- ✓ Perform CPR
- ✓ Use an AED
- ✓ Treat bleeding and wounds
- ✓ Handle minor burns

COURSE FEE:

Discounted rate of \$95 (typically \$150+)

ELIGIBILITY:

Must be 16 years old at the time of the course

APPLY:

Online or talk to your counselor
Applications are due Wednesday May 6, 2026

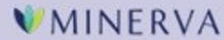
ANY QUESTIONS REACH OUT TO MRINDAHL@SD43.BC.CA

**SCHOOL DISTRICT 43 EDUCATION LEARNING CENTRE
 1080 WINSLOW AVE, COQUITLAM, BC V3J 0M6**

COMMUNITY



Learning to Lead™



Spring Applications Now Open!

Learning to Lead is a leadership opportunity open to self-identified girls in Grades 10-12. Participants gain confidence through interactive workshops and activities within a fun and supportive community of friends and mentors.

- Gain confidence
- Connect with peers and supportive mentors
- Build practical leadership and communication skills



Learning to Lead™ will take place via Zoom from 6pm-8pm PST:

- Wednesday, April 8th
- Wednesday, April 15th
- Wednesday, April 22nd
- Wednesday, April 29th

Apply today!



Applications close April 3rd

Thank you to Lead Supporter

ARITZIA

SCHOOL DISTRICT No. 43 (COQUITLAM) PRESENTS
THE FAMILY & COMMUNITY LEARNING SERIES

Social Media Awareness, Digital Citizenship & Cyberbullying



This session explores where youth spend time online and why understanding these spaces matters for their safety and healthy digital habits.



IN PERSON
PRESENTATION

SAVE THE DATE



THURS. APR 9, 2026
6:30 - 8:00 PM



CENTENNIAL SCHOOL
THEATRE
570 Poirier St
Coquitlam BC

REGISTER NOW



Safer Schools Together
workshops meet key learning
outcomes as set by the BC
Ministry of Education.

Pre-registration is required.
To learn more about this session, go to:
WWW.SD43.BC.CA/FAMILYSERIES